

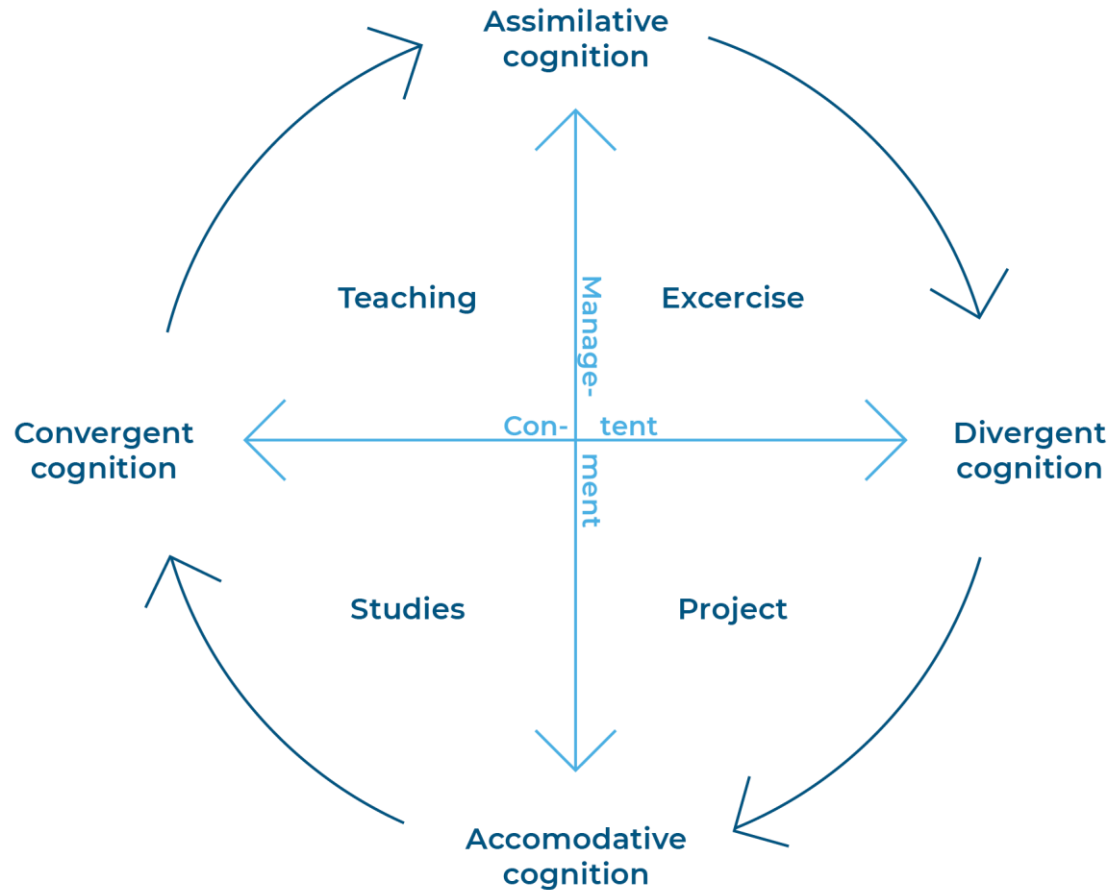
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Learning theory

Learning, definition

- **Illeris defines learning broadly as:**
- “Any process that in living organisms leads to permanent capacity change and which is not solely due to biological maturation or aging”
- Illeris (edit 2009). Contemporary theories of learning – learning theorists...in their own words. Routledge

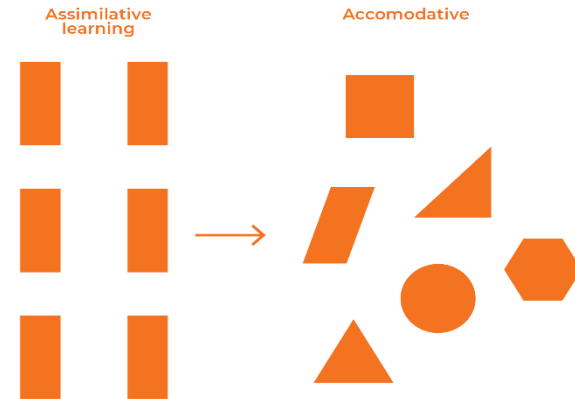
Illeris' learning circle



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Guidebook for
empowerment
training p 36

Examples

- Example of convergent learning:
 - $2 + 2 = 4$
- Example of divergent learning:
 - $4 = ?$
- Example of assimilative and accommodative learning:



New knowledge gets into your previous established boxes

New knowledge messes up your previous boxes and may create new